

Hiking/Horse Trails:

Trail	Rating	Distance	Marker
Upper CCC Trail	M	1.6 mi.	Red Diamond
Date Completed: _____		Park Stamp: _____	
Initial: _____			

All Purpose (Hike/Bike/Horse) Trails:

Benn Knob Trail	E-M	2.9 mi.	Orange Triangle
Date Completed: _____		Park Stamp: _____	
Initial: _____			

Lower CCC Trail	M	2.5 mi.	Blue Square
Date Completed: _____		Park Stamp: _____	
Initial: _____			

Raven Rock Trail*	M-S	5.2 mi.	White Circle
Date Completed: _____		Park Stamp: _____	
Initial: _____			

Upper Falls Trail*	M-S	3.7 mi.	White Square
Date Completed: _____		Park Stamp: _____	
Initial: _____			

* denotes trails with a view.

** denotes handicapped accessible trail(s).

*** all trail distances are one-way with the exception of High Shoals Falls Loop.

Ratings: E = Easy, M = Moderate, S = Strenuous

See Park Welcome Center for additional trail information.

Date Challenge Completed: _____

Date Certificate Issued: _____

Patch Issued: _____

Photos Courtesy of the NC Division of Parks and Recreation. Photos by Wade Stubbs.



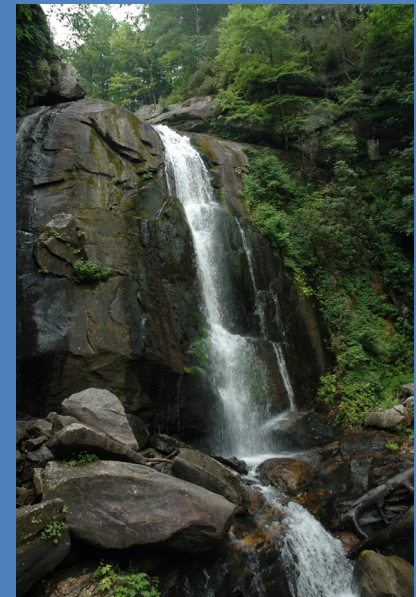
Instructions:

1. Hike, Bike or Ride a trail.
2. Initial and Date the trail(s) as completed in this brochure.
3. Stop by the Park Welcome Center as you depart and have your completed trail(s) stamped and dated by Park staff.
4. After you have completed a total of 12 miles, visit the Park Welcome Center and provide information for receiving your completion certificate (no charge) and purchase your patch (if desired).

NOTES: Trails must be completed on or after October 1, 2011. Credit cannot be obtained for trails completed prior to the above date. **Retain this brochure as it is the only evidence of your having completed a trail.** Credit cannot be given for trails previously completed on misplaced brochures. Trail completion must be stamped by Park staff within three days of completion. Those persons physically unable to complete 12 miles of trails due to physical or mental handicap are eligible to participate by completing all handicap accessible trails within the Park.

Friends of the South
Mountains State Park, Inc.
P.O. Box 2428, Hickory, NC

South Mountains State Park Youth Trail Challenge



OPEN TO AGES 12 AND UNDER ONLY

Sponsored by:
Friends of the South
Mountains State Park, Inc.

Name: _____

Friends of the South Mountains State Park, Inc. is a 501(c)(3) registered not-for-profit organization dedicated to the preservation and educational activities of the South Mountains State Park.

Youth Trail Challenge

There are 19 trails totaling 44.9 miles within the South Mountains State Park, all of which are open to foot hikers, 16.2 miles of which are open to mountain bikers, and 31.9 miles of which are open to horseback riders.

The *South Mountains Youth Trail Challenge* is open to all individuals age 12 and under. The Challenge is to complete a total of at least 12 miles of trails by any combination of hiking, biking, or horseback riding. There is no charge or fee required to participate in this program. Each person who completes the challenge requirements will receive, free of charge, a certificate and the Trail Challenge patch from The Friends of the South Mountains State Park, Inc. commemorating his or her achievement.

Grab your trail map and get started today!!!

Hiking Only Trails:

Trail	Rating	Distance	Marker
Chestnut Knob Trail*	S	2.1 mi.	White Diamond
Date Completed: _____		Park Stamp: _____	
Initial: _____			
Hemlock Nature Trail**	E	0.3 mi.	White Triangle
Date Completed: _____		Park Stamp: _____	
Initial: _____			

Trail	Rating	Distance	Marker
High Shoals Falls Loop	M-S	2.7 mi.***	Blue Circle
Date Completed: _____		Park Stamp: _____	
Initial: _____			
Jacob Branch Trail	M	1.1 mi.	Red Hexagon
Date Completed: _____		Park Stamp: _____	
Initial: _____			
Possum Trail	M-S	1.8 mi.	Red Square
Date Completed: _____		Park Stamp: _____	
Initial: _____			
River Trail	E	0.5 mi.	Red Triangle
Date Completed: _____		Park Stamp: _____	
Initial: _____			
Shinny Trail	M-S	2.6 mi.	Blue Diamond
Date Completed: _____		Park Stamp: _____	
Initial: _____			

Hiking/Biking Trail:

Trail	Rating	Distance	Marker
Headquarters Trail	M-S	1.9 mi.	Orange Hexagon
Date Completed: _____		Park Stamp: _____	
Initial: _____			

Hiking/Horse Trails:

Trail	Rating	Distance	Marker
Fox Trail	S	3.7 mi.	White Hexagon
Date Completed: _____		Park Stamp: _____	
Initial: _____			
Horseshoe Trail*	M-S	3.3 mi.	Orange Square
Date Completed: _____		Park Stamp: _____	
Initial: _____			
Little River Trail	M	2.1 mi.	Blue Triangle
Date Completed: _____		Park Stamp: _____	
Initial: _____			
Saddleback Trail	M-S	3.0 mi.	Red Circle
Date Completed: _____		Park Stamp: _____	
Initial: _____			
Sawtooth Trail*	M-S	2.2 mi.	Blue Hexagon
Date Completed: _____		Park Stamp: _____	
Initial: _____			
Turkey Ridge Trail	M	1.7 mi.	Orange Circle
Date Completed: _____		Park Stamp: _____	
Initial: _____			